



Every Tuesday in June
7:00 pm to dusk

*Enjoy the Toronto Botanical Gardens
as you walk to the Green, beside the café,
in Edwards Gardens*

Live music by Scotch Mist
Audience participation dances.

No partner needed.

Fitness • Friendship • Fun!



www.dancescottish.ca

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Have some reel fun

Beginner classes start in September & January

It's old... it's new... it's fun... it's inter-generational and social

Scottish country dance is the traditional social dance of Scotland. It's based on ancient folk dances, mixed with elements of ballet, influences from the Royal court of France, and some overlap with Highland dancing. Scottish country dance was carried around the world by Scottish immigrants, and by the Highland regiments. It remains popular today world-wide, and in unlikely places such as Paris, Japan, and Moscow.

"the feeling that you are a part of something so big, and special, and floor-shaking never loses its magic!" We dance lively jigs and reels and the stately, distinctively Scottish Strathspey. Scottish country dance is great fun for young and old but it *IS* challenging mentally and physically.

Classes run in two 10-week semesters, one beginning in September; the next in January. Cost is reasonable. You don't need a partner – we change partners every dance anyway. Not many activities combine such great exercise, mental and physical, with a strong social aspect, and so much fun!

...Tara, a teen dancer **Beginner Classes Information**

Your teachers are accredited by the Royal Scottish Country Dance Society, Edinburgh. RSCDS Toronto is a not-for profit affiliate of the Society.

North End: Mondays 7:30 - 9:30 pm

St. Leonard's Anglican Church, 25 Wanless Avenue
2 short blocks north of Lawrence & Yonge

Central: Thursdays 7:30 - 9:30 pm

Eastminster United Church, 310 Danforth Avenue
1 block west of Chester Station.



For more info on lessons, or to learn about Scottish country dance visit:

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