

# Dance Instructions for December Monthly Dance • 10 December 2022

**NOTE; EARLY START AT 7:30PM**

**Time:** 7:30 pm (starts promptly)  
**Place:** Havergal College, 460 Rosewell Avenue  
**Cost:** Adult: Member \$27; non-Member \$32  
Student Member \$10; Youth / Spectator \$5  
Beginner enrolled in Class (in March) \$10  
**Music:** Laird Brown's Scotch Mist Trio  
**NOTE: COVID-19 Protocols in effect**

*All dances will be briefed and walked.*

## **LAMB SKINNET 8 X 32 J: 3 Cpls (4 cpl set)** *Thompson, Book 14*

- 1- 4 1st couple set; then cast *off* to second place.  
2nd couple step up, bars 3-4.
- 5- 8 1st couple dance a half figure of eight up round 2nd couple.  
Finish: 1st couple in second place, on their opposite side.
- 9-12 1st couple set; then cast *off* to third place.  
3rd couple step up, bars 11-12.
- 13-16 1st couple dance a half figure of eight up round 3rd couple.  
Finish: 1st couple in third place, on their own side.
- 17-20 1st couple lead up to first place:  
17 1st cpl dance towards their partner;  
18-19 1st couple lead up the middle;  
20 1st couple dance directly out to place.  
2nd and 3rd couples, nearer hands joined on the sides, step down, bars 19-20.
- 21-24 1st couple set; then cast *off* to second place on their own side.  
2nd couple step up, bars 23-24.
- 25-32 2nd and 1st couples dance rights and lefts.

## **MISS GIBSON'S STRATHSPEY 8 X 32 S: 3 Cpls (4 cpl set)** *Derek Haynes, RSCDS Leaflet*

- 1- 8 1st and 2nd couples, joining nearer hands on the sides, set; then turn their partner, both hands, once round; and open out into four hands, once round to the left.  
Finish: all in their original place.
- 9-16 1st and 2nd couples dance the knot.  
On bars 15-16, 1st couple turn, left hand, to *face their First Corner*.  
At the end, 2nd couple are in first place, on their own side.
- 17-24 1st couple turn their First Corner, right hand; and their partner, left hand; then their Second Corner, right hand; and, with

partner, dance a wide left hand turn,  $\frac{3}{4}$ -round.

Finish: 1st couple, in the middle, ready to flow into:

- 25-28 Right hands across: 1st woman with 2nd couple and 1st man with 3rd couple.  
On bar 28 do **not** dance out to sidelines: 1st couple pass each other, right shoulder; while, 2nd and 3rd couples turn inwards, ready for:
- 29-32 Left hands across: 1st man with 2nd couple and 1st woman with 3rd couple.  
Finish: 1st couple in second place, on their own side.

## **ROUND REEL OF EIGHT 1 X 88 R: (SQ Set)** *Book 27*

- 1- 8 All four women cast (pull their right shoulder back) and dance round, outside the set, back to their original place.
- 9-16 All four men dance bars 1-8, but cast by pulling their left shoulder back.
- 17-32 All dance a grand chain halfway round (6 bars); and set to their partner (2 bars); then continue the grand chain back to their original place (6 bars); and set to their partner.
- 33-35 1st and 3rd couples change place: 1st couple, nearer hands joined, dance between 3rd couple.
- 36-38 3rd and 1st couples change back to their original place: 3rd couple, nearer hands joined, dance between 1st couple.
- 39-40 1st and 3rd couples turn their partner, right hand, into allemande hold ready for:
- 41-48 1st and 3rd couples dance round the inside of the set back to their original place.
- 49-64 2nd and 4th couples dance bars 33-48.  
In bars 49-51, 2nd couple, nearer hands joined, dance between 4th couple.  
In bars 52-54, 4th couple, nearer hands joined, dance between 2nd couple.
- 65-68 1st and 3rd couples dance half rights and lefts.
- 69-72 2nd and 4th couples dance half rights and lefts.
- 73-80 All repeat bars 65-72, back to their original place.
- 81-88 All 4 couples dance eight hands round and back.

## **KENDALL'S HORNPIPE 6 X 32 J: 2 Cpls (3 cpl set)** *Graded Book*

- 1- 8 1st and 2nd couples dance rights and lefts.  
9-16 1st couple lead (right hand) down the

middle (3 bars); and lead up (3 bars); then cross over at the top, and cast *off* one place on their opposite side.  
2nd couple step up, bars 15-16.

- 17-24 2nd and 1st couples dance a ladies' chain.  
25-28 2nd and 1st couples, nearer hands joined on the sides, advance (2 bars) and retire (2 bars).  
29-32 1st couple turn, right hand, 1½ times, to second place, on their own side.

### GLASGOW COUNTRY DANCE

**8 X (16 S + 16 R): 3 Cpls (4 cpl set)**

Bob Campbell, *Book 23*

#### Strathspey

- 1- 2 1st and 2nd couples turn their partner, both hands.  
Finish in the middle, *facing their partner*: 1st and 2nd women *face down* and 1st and 2nd men *face up*; 1st man and 2nd woman are back to back.
- 3- 6 1st and 2nd couples dance a half reel of four.
- 7- 8 1st and 2nd couples turn their partner, both hands.  
On bar 7, 1st woman should dance strongly up into the turn so that 1st man can dance up and finish between 2nd couple without strain.  
Finish: all *face down*. 2nd couple in first place with 1st man between them and 1st woman between 3rd couple.
- 9-16 1st man with 2nd couple and 1st woman with 3rd couple dance (nearer hands joined) down the middle; then all pull their right shoulder back, and dance up. On bar 16, 1st man and 2nd couple pull their right shoulder back to *face down*.  
Finish: 1st woman between 3rd couple, all *facing up*.

#### Reel

- 17-20 Right shoulder half reels of three, on the sides:  
1st man (pass 3rd woman) with 2nd and 3rd women and 1st woman (pass 2nd man) with 2nd and 3rd men.  
On bar 1, all clap.
- 21-24 1st couple turn, right hand, once round.  
Finish: 1st woman, between 3rd couple, *face down*, and 1st man, between 2nd couple, *face up*.
- 25-28 Left shoulder half reels of three on the sides:  
1st man (pass 3rd woman) with 3rd and 2nd women and 1st woman (pass 2nd man) with 3rd and 2nd men.  
On bar 9, all clap.
- 29-32 1st couple turn, left hand, 1¼ times.  
Finish: 1st couple in second place on their own side.

### MRS MACLEOD 8 X 32 R: 3 Cpls (4 cpl set)

*Book 6*

- 1- 8 1st and 2nd couples dance right hands across; then left hands across.
- 9-16 1st couple lead down the middle and up. Finish: 1st couple *face their First Corner*.  
2nd couple step up, bars 11-12.
- 17-24 1st couple set to, and turn, their corners. Finish: 1st couple, between their corners, *face their First Corner*.
- 25-30 2nd, 1st and 3rd couples dance reels of three on the sides.  
To begin: 1st couple pass their First Corner, left shoulder.
- 31-32 1st couple cross, right hand, to second place, on their own side.

### INTERVAL

### JOIE DE VIVRE 8 X 32 J: 3 Cpls (4 cpl set)

Irene van Maarseveen, *Book 39*

- 1- 4 1st couple set; then cast *off* one place.  
2nd couple step up, bars 3-4.
- 5- 8 1st couple dance (nearer hands) down between 3rd couple; then cast *up* to second place on their own side.
- 9-12 2nd, 1st and 3rd couples turn their partner, right hand, once round.  
Finish on the sidelines: 1st and 3rd men *face up* and 1st and 2nd women *face down*.
- 13-16 2nd man, followed by 1st and 3rd men, and 3rd woman, followed by 1st and 2nd woman, dance clockwise, halfway round.  
Finish: all on their opposite side, in the order 3, 1, 2.
- 17-20 3rd, 1st and 2nd couples dance back to back with their partner.
- 21-24 Joining nearer hands on the sides, 3rd, 1st and 2nd couples set; then turn their partner, right hand, halfway round, to finish ready for:
- 25-32 3rd, 1st and 2nd couples dance an allemande.

### THE SPIRIT OF THE DANCE

**8 X 32 S: 3 Cpls (4 cpl set)**

Irene Paterson, *T.A.C. 50th Anniversary*

- 1- 8 1st and 2nd couples dance the Tourbillon.
- 1 1st and 2nd couples turn, both hands, ½-way.
- 2 Right hand holding partner's left hand: 1st man dance down the women's side and 2nd woman dance up the men's side.  
Finish: 1st man in 2nd woman's place and 2nd woman in 1st man's place, *each* with their partner on their right.
- 3- 4 Retaining hands on the side, both couples set.

- 5 1st and 2nd couples turn, both hands, ½-way.
- 6 Right hand holding partner's left hand: 1st woman dance across into 2nd man's place and 2nd man dance across into 1st woman's place.
- 7- 8 2nd and 1st couples cross over, RH. 1st cpl stay *facing out*.
- 9-16 1st couple cast *to their right* (1st woman around 3rd woman and 1st man around 2nd man, right shoulder); then pass each other in the centre, right shoulder; and cast *to their right* (1st woman around 2nd woman and 1st man around 3rd man, right shoulder); then pass each other, right shoulder.  
Finish: 1st couple in second place on their opposite side.
- 17-28 2nd, 1st and 3rd couples dance rights and lefts for three couples:
- 17-18 2nd, 1st and 3rd couples cross over, right hand to partner.
- 19-20 All change place, left hand: 2nd woman with 1st man and 1st woman with 3rd man, on the sides; while, 2nd man with 3rd woman, diagonally\*.
- 21-22 All cross over, right hand to the person opposite.
- 23-24 All change place, left hand: 3rd and 2nd couples, on the sides; while, 1st couple, diagonally\*.
- 25-26 All cross over, right hand to the person opposite.
- 27-28 All change place, left hand: 1st woman with 2nd man and 3rd woman with 1st man; while, 3rd man with 2nd woman, diagonally\*.  
\*From 1st woman's to 3rd man's original place.  
Finish: 1st couple in second place on their opposite side.
- 29-32 1st couple turn, both hands, 1½ times, to second place, on their own side.

**THE TRIUMPH 4 X 24 R: 2 Cpls (4 cpl set)**  
*Nathaniel Gow, Book 1*

- 1- 8 1st man lead (right hand) 1st woman down the middle and up and pass her in front, to present her to 2nd man.
- 9-12 2nd man and 1st woman, nearer hands joined, dance down the middle, 1st man following.  
At the end, 2nd man and 1st woman turn inwards.  
Finish: 1st woman, retaining 2nd man's left hand in her right hand, cross her arms, giving her left hand to her partner; while, 1st man, with his left hand, take

- 2nd man's right hand and raise them as high as possible behind 1st woman's head.
- 13-16 1st woman, between 1st and 2nd men, dance up the middle in triumph.  
Finish: 2nd man in his original place and 1st couple at top place, in the middle, on their opposite side, *face each other*, with both hands joined.
- 17-24 1st couple poussette to the bottom of the set:
- 17 ¼ turn (1st man pulling his right shoulder back, throughout);
- 18 progress down the set;
- 19 ¼ turn;
- 20 ¼ turn;
- 21 progress;
- 22 progress and be turning;
- 23 turn to own side;
- 24 retire.
- 2nd, 3rd and 4th couples, nearer hands joined on the sides, step up, bars 23-24.

**THE LAIRD OF MILTON'S DAUGHTER**

**8 X 32 J: 3 Cpls (4 cpl set)**  
*Lord Craigmyle, Book 22*

- 1- 8 1st couple set; then cross, right hand; and cast *off* one place; then turn, left hand, to *face their First Corner*.  
2nd couple step up, bars 5-6.
- 9-16 1st couple and First Corners dance a corner chain:
- 9-10 1st couple change place with their First Corner, right hand.
- 11-12 Corners turn, left hand, to *face 1st couple*.
- 13-14 Corners change place with 1st couple, right hand.
- 15-16 1st couple (in the centre) turn, left hand, to *face their Second Corner*.
- 17-24 1st couple and Second Corners dance a corner chain:
- 17-18 1st couple change place with their Second Corner, right hand.
- 19-20 Corners turn, left hand, to *face 1st couple*.
- 21-22 Corners change place with 1st couple, right hand.
- 23-24 1st couple cross, left hand, to second place, on their own side.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

**THE PAISLEY WEAVERS**

**3 X 32 S: 3 Cpls (3 cpl set)**  
*Derek Haynes, Third Graded Book*

Two chords: on the second chord, 2nd couple cross to their opposite side.

- 1 -8 1st couple cross, right hand, down between 2nd couple; and cast *off* one place; then

- cross, right hand, up between 3rd couple; and cast *up* to their original place.
- 9-16 1st, 2nd and 3rd couples dance a grand chain.  
Finish: 1st and 2nd men *face out*.
- 17-24 1st and 2nd couples dance a ladies' chain.
- 25-28 1st and 2nd couples dance half rights and lefts.
- 29-32 1st and 3rd couples dance half rights and lefts.  
Finish in the order 2, 3, 1, with 3rd couple on their opposite side.

- (Women return the setting.)
- 13-16 1st and 2nd men retire to their original place; then set. (Women return the setting.)
- 17-24 1st couple lead (right hand) down the middle and up.  
Finish: 1st couple, both hands joined, in the middle, *face their partner*.  
On bar 24, 2nd couple step in, ready for:
- 25-32 1st and 2nd couples dance a poussette.

## **CROM ALLT (THE CROOKED BURN)**

### **8 X 32 R: 3 Cpls (4 cpl set)**

*Roy Goldring, Third Graded Book*

- 1- 8 1st, 2nd and 3rd couples dance reels of three on their own side.  
To begin: 1st couple dance in and down; while, 2nd couple dance out and up and 3rd couple dance in and up.
- 9-12 1st woman with 2nd woman turn, left hand; while, 1st man with 2nd man turn, right hand, 1½ times.  
Finish: 2nd couple in first place and 1st couple, at second place in the middle, *face down*.
- 13-16 1st couple dance (nearer hands) down between 3rd couple; then cast *up* to second place on their own side.
- 17-20 1st couple and First Corners, diagonally, advance (2 bars) and retire (2 bars).  
Finish in the sidelines: 1st couple *face their First Corner*.
- 21-24 1st couple turn their First Corner, right hand, once round.  
Finish in the sidelines: 1st couple *face their Second Corner*.
- 25-28 1st couple and Second Corners, diagonally, advance (2 bars) and retire (2 bars).  
Finish in the sidelines: 1st couple *face their Second Corner*.
- 29-32 1st couple turn their Second Corner, left hand, once round.  
Finish: all on their own side, in the order 2, 1, 3.

## **EXTRA**

### **HA! HA! THE WOOIN' O' IT**

#### **6 X 32 R: 2 Cpls (3 cpl set)**

*Miss Milligan's Miscellany*

- 1- 4 1st and 2nd women, nearer hands joined, advance towards their partner; then set.  
(Men return the setting.)
- 5- 8 1st and 2nd women retire to their original place; then set. (Men return the setting.)
- 9-12 1st and 2nd men, nearer hands joined, advance towards their partner; then set.