TORONTO ASSOCIATION NEWSLETTER ~ April 2019

Toronto www.dancescottish.ca

### From the Chair...



The TA Board and convenors host a tea to welcome new members. Among other delectables, John and Susan Clark generously provide us with delicious scones (the recipe is in our *Diamond Jubilee* 

*Cookbook*) served with jam and clotted cream – whipping cream will simply not do!

The question arises as to the order in which we should apply such delicious toppings to the scones. Coming from Devon, I consider myself an expert on Devonshire cream teas, where the cream is applied generously on the scone, followed by the jam. This is subject to local and national debate, as in neighbouring Cornwall



the custom is to apply jam first, and this method apparently is used by the Queen at Buckingham Palace garden parties.

But it is in Devon where the origins of the cream tea can be traced. The tenth century Benedictine Abbey in my local town of Tavistock was badly damaged by Vikings, and many local workers helped to restore it. In appreciation of their efforts, the monks rewarded them with a snack of bread, jam, and cream. This turned out to be so popular that the monks continued to serve passing travellers. Ten centuries later cream teas are enjoyed far and wide.

The now-ruined abbey is situated close to the statue of Tavistock-born Sir Francis Drake, favourite of Queen Elizabeth 1, local hero to Devonians, and villain to the Spanish and Portuguese.

Another not-so-notorious Devon-born man, but one who is important to Scottish country dancers, is Roy Goldring, devisor of over two hundred dances. After spending his childhood in Devon, he lived in several UK locations, residing for his last 30 years in Yorkshire. I assume that he was able to spread the word on the correct way to enjoy a cream teal *1*  The Demo Pool will perform Sunday June 16, prior to the matinée at the 2019 Shaw Festival, Niagara-on-the-Lake. A group of members and guests from RSCDS Toronto are attending.

Brigadoon is a magical, enchanted village in the Highlands that awakens once every century. In this marvellous Lerner & Lowe musical, boy meets girl, they fall in love, and then... Well... what would *you* do for love?

Lyn Barsevskis, our Marketing Director, loves Scottish country dance and she, and her committee, have worked some Brigadoon magic for our shared passion. At a Marketing meeting, Paul Barber said, quietly, with significance: "*Brigadoon is coming to Shaw.*" Wow! We thought – a blockbuster Scottish-themed show, what a rare opportunity to advertise SCD to a sympathetic audience. The Shaw Festival brochure reaches 500,000 people. What would it cost to place an advert? The answer was – *GULP*! – almost \$4000. How could we pay for that?

The TA Board, prudently, was unconvinced – but Lyn and her committee set to work. Margaret Rieger suggested: "Call Scotland" and Lyn phoned Society Chair, Andrew Kellett. Despite sticker shock, he agreed to take the matter to the Development Fund committee. Upon reflection, and nae doot much discussion, the Society contributed £1000 to the ad. Because SCD is international and so is the audience at Shaw, the benefits should be broad. Meanwhile, Teresa Lockhart canvassed dance groups around the Great Lakes. Much horror was expressed, but a few gave pledges.

Lyn talked up the project in the SCD community and some people contributed their own money. The festival gave us a not-forprofit discount. The necessary funding is thus substantially achieved. The TA Board will cover any shortfall. So, the game is afoot.

Brochures will be distributed at Niagara-on-the-Lake. The Demo Pool will perform at the Festival Theatre on Fathers' Day. Contributing groups will get special prominence on our website, and we shall closely watch for new dancers to emerge from the mists.

...Rob Lockhart

AWAKEN Fun, Fitness, Friendship WORLDWIDE

Nwakens

(and we'll be there



Social Dancing Scottish Style rscds.org dancescottish.ca

## Special Events



### **Bees on Bluebells Dance**

Friday, May 3 • 7:30 p.m. • \$10 Knox Presbyterian, 160 King St. S., Alliston South Simcoe dancers invite you to our celebration of spring in the country. Music by Laird Brown and Don Wood. Refreshments follow the dancing. Programme will be posted on the website. Info: Maureen Richardson

### 50th West Toronto Ball

### Saturday, May 11 Sala Caboto in Villa Colombo, 40 Playfair Ave, Toronto

Come dance the night away at the 50th annual West Toronto Ball. The dance programme is devised with the beginner in mind, but it's fun for all levels of dancers. Enjoy a full service, sit-down meal, the Grand March, and dancing to the music of Scotch Mist.

All-inclusive dinner and dance ticket \$90 per person. Ticket forms available at your group. Forms and briefs also on the website. Tickets: Ron Macnaughton, macnaughton@rogers.com Ball info: Keith Wallace, kcwall4@gmail.com



### Calvin's Spring Dance Tuesday, May 14 • 7:30 p.m. • \$10

Calvin Presbyterian Church, 26 Delisle Ave. Calvin Group invites all dancers to join our Spring Celebration and last dance of the season, with the wonderful music of Don Bartlett on piano. Your \$10 entry fee includes light refreshments at the interval. Info: Mary Baldwin 416.485-8280 or Nancy Stokes 416.425-2195.



### **Glenview Spring Dance**

Wednesday, May 15 • 7:30 p.m. • \$15 Glenview Presbyterian, 1 Glenview Ave. *Que les fleurs poussent* (may the flowers grow), may the dancers poussette. Come join the Glenview dancers for a celebration

of spring. Dance to the live music of Fred Moyes. Everyone welcome. Tickets \$15 at the door. Dancing starts at 7:30. Refreshments following dancing. Info: glenviewscdg.org

### St Andrew's of Brampton Spring Dance



#### T Brampton Spring Dance Wednesday, May 22 • 7:30 p.m. • \$8 St Andrew's Church, 44 Church St, Brampton

St Andrew's of Brampton invites you to our traditional spring dance. Come and dance on a great wooden floor! Programme will be posted on the website. Refreshments follow dancing.

CONGRATULATIONS A Hiroko Sato and Halyna Sydorenko passed their Unit 1 exam, held in February this year.

# AGM Dance



Saturday, April 27: ~ Dancing starts promptly at 7:30 p.m.Place: Crescent SchoolMusic:Scotch MistHost Groups: • St Andrew's of Aurora • Erin Mills (Fri) • South Simcoe

lt's All Right	8 x 32 J	E See, RSCDS 2nd Graded Book
The Pair of Jeans	8 x 32 R	R Goldring, Auld Friends Meet
Miss Catherine Allan	8 x 32 S	G Emmerson, RSCDS Leaflet
Tarry A While	6 x 32 J	RSCDS 1st Graded Book
Bridge of Nairn	8 x 32 S	RSCDS Book 13
Whigmaleeries	8 x 32 R	D Ivory, Imperial Book
	Interval &	AGM
The Retiring Chairman	8 x 40 J	C Skinner, Eternal Friendship
The Westminster Reel	8 x 32 R	J Hill, RSCDS Book 45
My Only Jo And Dearie, O	8 x 32 S	RSCDS Book 21
Lass of Richmond Hill	8 x 32 R	F Turnbull, RSCDS 2nd Graded Book
	Extra	5
Tribute To The Borders	8 x 32 J	R Goldring, RSCDS Leaflet 11
Anderson's Rant	8 x 32 R	Miss Milligan's Miscellany 1

ALERGY ALERTS: Make the dance SCENT FREE, and NO NUTS.



Familiar Formations... ... from an Unfamiliar əʌıı̯ɔədsuəd Funday Sunday! Come knowing up from down and right from left and see where that leads .... Arlene Koteff will teach dances with familiar formations — from a slightly unfamiliar perspective.

### Apr 28, 2019 2-4 p.m.

Parkway Forest Community Centre, 55 Forest Manor Rd, Don Mills \$6 at the door Not suitable for Beginners

### Miss Jean Milligan & Mrs Ysobel Stewart: The Dynamic Duo, Who Founded RSCDS



Posted on the Facebook page of The RSCDS DanceScottish

In recognition of #InternationalWomensDay we honour the two founders of the RSCDS, Miss Jean Milligan and Mrs Ysobel Stewart. They were both strong, passionate and dedicated women who wanted to promote and develop Scottish Country Dance here in Scotland, and wished to spread it as far afield as possible.

Mrs Ysobel Stewart and Miss Jean Milligan had very different backgrounds, but they both shared a common love — Scottish Country Dance. Mrs Stewart's background was in social dancing



whilst Miss Milligan's was in music and movement; as a lecturer in Physical Education at Jordanhill Training College she included Scottish dances in her work with student teachers. Following a meeting of these two ladies, arranged by Michael Diack of Patersons Publications, the idea of a dance organisation evolved and in November 1923 the Scottish Country Dance Society was formed.

They both lived extraordinary lives and are well remembered by our international member community.

More info: www.rscds.org/about/history/founders

### An Evening Celebrating 185 years of Toronto History



*To celebrate the 185th Anniversary of Toronto*, the Town of York Historical Society invited dancers from the Demo Pool to perform at their special event at St. Lawrence Hall, 157 King Street East, the evening of Wednesday, March 6.

In 1859 to celebrate Toronto's 25th Birthday, William Lyon Mackenzie, Toronto's first mayor, was to give his Burns Centenary speech. Unfortunately, he fell ill and the speech was never given. This was to be remedied tonight.

The evening opened with Celtic music performed by the trio The Interpreters, followed by welcoming remarks by Kat Akerfeldt (Executive Director, Toronto's First Post Office/The Town of York Historical Society), and then two dances by the Demo Pool.

After the interval, featuring the Old Town Silent Auction and offering an impressive spread of food from the vendors of St. Lawrence Market, Bruce Beaton, fully in character as William Lyon Mackenzie, entered the hall. His speech not only honoured the 100th anniversary of Robbie Burns' birth, but offered his remarks on the first 25 years of Toronto as a city. It was interesting to listen to remarks on



The dancers (L-R): Kendra Beliveau, Sue Ann Bryce, Erica de Gannes, Andy Henderson, Janet Morris, Halyna Sydorenko, Stella Henderson, Max Fothergill, Bill Barber, Sheena Gilks, and Mike Morris (taking the picture). John Clark was our emcee. Arlene Koteff and Christy Barber were there as ambassadors for Scottish country dancing and they handed out lots of bookmarks and information on classes.

the politics of 1859 and realize that a lot of it could still be applied to the politics of today.

Following the speech, the dancers took the floor again and opened with *Burns Bicentennial Strathspey*.

After two more dances we invited the audience of around 50 to join us on the floor for *The Gay Gordons* and *Circassian Circle*. We filled the space at the back of the hall as there was not enough room at the front for the eager participants.

The evening closed with more music from The Interpreters. Altogether it was a very enjoyable and worthwhile evening. Proceeds from the evening benefit the Town of York Historical Society and Toronto's First Post Office. ....Stella Henderson

### **Dancing for Millennials** Calling all millennials!

Interested in learning Scottish Country Dancing? A six-week beginner programme will prepare you for the West Toronto Ball coming up in May.

No partner require

Thursdays, 7:30-9:30pm, March 28 – May 9 (except Apr 18) The Dance Hall of Church of the Redeemer, 162 Bloor St W, \$10 per session

Mail

### Dear Editor ...

Yay for Crossover! (RE: Pivot Turn, Set & Link, March, 2019)

Thank you (Donald Holmes) for stating a preference for the term crossover reels rather than the stultifying 53 words in all too prevalent use these days. We have, mercifully, made SCD considerably more user-friendly by preceding each dance with a brief but concise description of what one is about to do.

Remembering the exact formations of more than a dozen dances in a programme, especially in light of the thousands of new and frequently popular dances in the last 20 years, is a major challenge even for regular, longtime dancers.

Memorizing dances has never been part of the RSCDS approach to teaching. I quote Jean Noble of Toronto, "I teach dancing, not dances". If one has learned most of the standard formations in classes, a well-worded briefing is usually adequate to have the dance run smoothly in a social evening.

... Joan Reeves

## Extension Classes & Level 3

All dancers must be members of RSCDS Toronto. Please make cheques payable to: "RSCDS Toronto". Classes Convenor: Catherine MacLean 416 739 8912 birchpoint123@gmail.com

### Classes 7:30 - 9:30 p.m.

**Extension Classes** are a bridge between the end of regular classes and the start of Dancing in the Park. The classes extend your dance experience by reviewing steps and formations previously taught and you are introduced to new ones. Three teachers will share the teaching duties.

Thursdays: April 4 - May 23 (8 weeks: \$80) Auditorium at Eastminster United Church\*

April 4 - May 2 (5 weeks: \$50)

**Level 3 Advanced Classes** build on your skill base as a dancer. New formations and dances of more complexity in their combination of patterns are introduced to challenge the more experienced dancer.

Thursdays:

Teacher: Moira Korus Hurndale Room, Eastminster United Church\*

\* Location: Eastminster United Church

310 Danforth Ave. 2 minutes from Chester station Class Rep: Anne Bishop anne.e.bishop@outlook.com 647. 234-4631



All Youth dancers are invited to attend the Youth Ball. Come join the celebration! Dance to the wonderful music of Fred Moyes. Willowdale United Church, 349 Kenneth Avenue, Toronto \$35 includes dinner and dancing Tickets from your teacher.

### Videographer? We Need You!

To promote dancing for Youth, and the 2020 Spring Fling Toronto to be held in May next year, the Youth Committee is seeking the assistance of someone with skills and equipment in videography, for the filming and production of a promotional video.

If you are interested in sharing those skills, please contact Moira Korus

As mentioned, briefly, in the March S&L, the Demo Pool performed at the Lunar New Year Banquet organized by the Ontario Government East Asian Network Group. This is a detailed account of that remarkable gig, with some great pictures by Markham Henry.

> Our amazing demo pool team, led by Arlene Koteff, was excited about its Lunar New Year gig at the 22<sup>nd</sup> Annual Diversity Gala\*. They were promised a private space for rehearsal and an ample dance floor for audience participation.

However, there was last minute drama – a few short days prior to the event the venue was changed to a place with a much smaller dance floor. Arlene adapted; we coped; it was great fun.

The evening comprised a no-holds-barred, multiple-course Chinese banquet, accompanied by much entertainment besides our group. A few of our team members had never experienced such a lavish meal and were rightly thrilled. The audience consisted of about 450 people, including VIPs by way of local politicians. The Mayor of Markham impressed the audience by singing several songs in PuTongHua in a fund-raiser for the Heart and Stroke Foundation.

Our theme was the meeting of Chinese and Scottish cultures. This fitted the evening's theme very well, which was to celebrate diversity. We introduced the crowd to a sampling of jig, reel, and strathspey. Then, on the reduced dance floor, each team member grabbed a partner as I taught *The Gay Gordons*. The audience was highly interested. We handed out many recruitment flyers.

A woman sought us out after our demo and told a most remarkable story. At one point, through some kind of trauma, she lost most of her brain function. A friend encouraged her to try Scottish country dance. The rhythm of music and the urge to dance were able to reconnect her neural pathways and she



attributes her full recovery almost entirely to SCD. This is the first time I heard such an account firsthand. Her name is June Morrison. She currently works as a senior policy analyst within the Ministry of Health and Long-Term Care.

If there is enough interest, Ms Morrison said she would be willing to appear in person to tell her story, in hopes that others in similar situations might find health benefits from Scottish country dance.

..Tony Szeto

FON meets THE P









## March Beginners' Night Dance



Alas, the Beginners' Night Dance was short of beginners, but the few who attended had a wonderful night of dancing fun. They were treated to lots of help from more experienced dancers and, when a mistake was made, laughter was shared. No one panicked; the set carried on, joyously.

**Forbes Duncan** 

It was disappointing that of the more than 40 registered beginners in Association Classes, only six attended. Usually, we have upwards of 25

beginners in March. Perhaps the threat of freezing rain scared them off. Many of our regulars were also missing in action, so our attendance was quite a bit less than is typical of normal March dances.

The chart above is based on my records as Monthly Dance Convenor. As you can see, recent attendance is down, and well below our nominal break-even point. If we want to keep holding monthly dances under the present format we need your support.

The next dance is on April 13, 2019 at 7:30 p.m. at Crescent School. This is our Volunteer Appreciation Dance, with a very danceable programme devised by Theresa Malek. Please make the effort to attend. ... Forbes Duncan and the Monthly Dance Committee



### fifty/fifty draw

At the March Beginners' Night Monthly Dance, Keith Bark won \$122.50 in the 50/50 draw.

# JIG & *Reel* & Strathspey Devise a Programme for the

# 2021 Volunteer Appreciation Dance

The winner of the 2020 competition will be announced at the Volunteer Dance on April 13, 2019 — when we shall dance a programme devised by Theresa Malek.

At the 2021 Volunteer Appreciation Dance we could be dancing a programme of your devising. The Board invites your submission. Criteria and guidelines will be sent to those expressing an interest. If your previous submission didn't win, consider revising your original and resubmitting.

Programme submissions must be received by April 15, 2019. Info: Maureen Richardson: schoolmarm1975@hotmail.com or Louis Racic: louis.racic@gmail.com



Grace Notes



### Alex Jappy

Alex Jappy died March 8, 2019. He had been in failing health for some time following a very serious fall.

Alex and his wife Ruth (a popular workshop teacher) worked as a team, with Alex providing the music for Ruth's classes. Fiona Miller, the chair of TAC, wrote that they were great supporters of TAC, and Alex, a wonderful musician, played music for the summer school classes for many years, as

well as playing in various bands.

Muriel Nicoll said she had very fond memories of Ruth and Alex when they and she and Roddy danced in Scarborough in the 1970s. Besides dancing, the group participated in curling, ski weekends, car rallies, and trips. On an excursion to Cozumel, Roddy and Alex were buying diving gear and did a tap dance routine when trying on flippers. The clerk asked if they wanted the flippers wrapped or were they going to wear them home.

Scarborough dancers used to get dressed up for Halloween, often as dances. One very memorable year Ruth and Alex came as the dance The Thistle and the Trillium, costumes made expertly by Ruth.

On more than one occasion, Muriel and Roddy visited with Alex and Ruth after their move to B.C. On one visit Bobby Brown and his band were there, and Bobby and Alex entertained them with music and tales.

Alex was born in Buckie on the Moray Firth coast of Scotland. Muriel said he was always meeting people from Buckie on his travels. Ruth called him "a Buckie Loon forever." In the announcement of his death, she wrote, "Most of you will remember his motto, 'Carry on regardless,' and he did just that. He dedicated his life to music and dance."

Alex will be greatly missed by the Scottish dance community. Our sincere condolences to Ruth and their family.



#### Christy Barber wrote:

Bill and I danced in the Kootenays with the Nelson Scottish Country Dancers (10 in total), at the home of June Price.

The teacher is Kathy Chapman, who attended who attended the 50th Heather Ball in Vancouver. They included a few dances for us from Vancouver's Heather Ball on March 23, as well as dances from their upcoming workshop in Vernon on April 27. Ruth Jappy will be the teacher.

Have dance shoes . . . will travel.







On Friday evening there was a welcome gathering RSCDS Pittsburgh Weekend in the lobby of the Hampton Inn, where most of the dancers were staying. Since we didn't know anyone, we were apprehensive. Would we feel excluded from the conversations at the gathering? Our fears were quickly allayed as the Pittsburgh Society members warmly welcomed us, and we met a number of dancers.

The workshop on Saturday afternoon was led by Pam Stephens from North Carolina. Pam's warm personality and confident teaching kept the class thoroughly engaged. She emphasized three points about dancing: 1. You are not alone:

2. You don't have to hold on as long as you think; and

3. It's better to arrive a little late than too soon.



The dinner was buffet style, and dessert was saved until intermission. We had good conversation over the meal and dessert. There were eighteen dances on the program and a number of them were danced a second time, once and to the bottom.

There were about 80 dancers at the dinner and ball. The theme was "Alice In Wonderland" and many dancers were in costume. A majority of them were from small SCD groups in Ohio, Washington D.C., and other parts of Pennsylvania. One dancer drove 12 hours from Missouri; most had attended the Pittsburgh ball a number of times. This repeat attendance and the fact that everyone stayed in the same hotel, made for strong camaraderie among the group.



Arthur 'Mad Hatter' McNair, a member of Highland Square

After the ball, there was a party at the Hampton Inn that went on till 2:00 a.m. — another opportunity to get to know fellow dancers better. Yes, Scottish country dancing is social, and because of the warmth and inclusive spirit at the Pittsburgh ball, I we enjoyed our experience immensely. ... Mike Morris



\* March 22nd and 23rd, 2019

### Proposed Revisions to the *Procedures Manual* - AGM 2019

At the 2019 AGM the Board will be proposing revisions to the Procedures Manual, a process that requires approval by the membership. A revised **Procedures Manual** illustrating the proposed changes will be posted on the website for review by the membership. Any changes must be submitted to Board by March 27, 2019, 30 days before the AGM and be supported by ten (10) Full Members of the RSCDS Toronto Association (RSCDS TA).

Revisions to the Procedures Manual have come about for the following reasons.

1. <u>Article 3.2 and 3.3</u>: With the intent to encourage young adults to join the RSCDS TA, it is proposed that the category "Young Adult Membership" be extended to those 18 years to under 35 years old (currently set for 18 to under 25 years) and that the annual fee for everyone applying in this category be \$43. This age group will still fall under the Single Adult category for Society membership. RSCDS TA will continue to forward membership fees to the Society as required for Single Adult membership fees. "Junior Associate Members" will be called "Youth Associate Members" and this category will continue to apply to anyone age 12 to under 18 years. This category does not currently pay fees to the Society on their behalf.

MOTION: Be it moved that the Young Adult Membership be extended to member applicants eighteen (18) years to under thirty-five (35) and that the annual fee for everyone applying in this category be \$43.

2. Volunteer Convenor duties have been transferred from the Membership Director to the Vice Chair. <u>Article 6.6 Standing Committees</u>: This Article will just outline the Executive, Nominations, and Finance Committees. Articles 6.10 to 6.14 providing detailed responsibilities of other Board "Committees" will be removed since, in practice, these committees do not exist except for the current "Marketing Committee" which may more simply be informed by the procedures stated in Articles 6.5.1 and 6.5.2. Any further changes or operational details for this committee or any detailed responsibilities of Directors and Convenors supporting the RSCDS TA will be outlined, if required, in a revised *Operations Manual*.

Article 3.4 Membership Application and Admission and Article 3.6 Membership Fees: Further to point 2) and 3), text in the *Procedures Manual* that has previously referred to the Membership & Volunteer Committee, will now simply refer to the Membership Director's responsibilities.

3. <u>Other minor edits</u>: All proposed changes will be evident through "Track Changes".

MOTION: Be it moved that the revisions to the Procedures Manual as presented to the Membership be approved.

NOTE: For more details of the proposed revisions to the Procedures Manual with Track Changes visit our website: dancescottish.ca

# Board Bulletins

# Nominations: Board Positions 2019-2020

The Nominations Committee is mandated to prepare a slate of nominees for each Board position and to present its recommendations to the members for their approval at the Annual General Meeting. At the AGM, April 27, 2019, the following members are proposed for Board positions.

Chair	Liz Clunie
Vice Chair	Louis Racic
Treasurer	Wendy Fulton
Secretary	Fiona Alberti
Membership	Bill Barber
Program Director	Kevin Moloney
Communications Director:	Andrew Henderson
Education & Training Director:	Tony Szeto
Marketing/Outreach position	Ron Macnaughton

If you are interested in serving on the Board, you can download a nomination form from the website (**Members' Home page**).

For all Board positions, be prepared to commit to at least two consecutive one-year terms. In the case of the Secretary, Program Director, Membership Director, Communications Director and the two Directors-at-Large (Marketing, Education&Training), once elected to the Board, they may be re-elected for up to five additional one-year terms. A Treasurer can be re-elected indefinitely until a suitably qualified person is nominated.

The Vice-Chair position should be filled by someone who

- has previously served as a member of the Board
- has been a former Executive member
- has been a Convenor or
- has been a Committee Chair

The incumbent Vice-Chair is expected to fill the position of Chair, with a two-year commitment in each role.

More Information: Nominations Committee Chair: Deirdre MacCuish Bark: barkd@rogers.com or Secretary: Nancy White: nawhite15@gmail.com

### AGM Motions: Be it moved...

**MOTION:** Be it moved that we acknowledge **Jean Lindsay** for her dedication and contributions to the RSCDS Toronto Association, and that she be awarded an Honorary Life Membership.

**MOTION:** Be it moved that the revisions to the Procedures Manual as presented to the Membership be approved.

**MOTION:** Be it moved that the Young Adult Membership be extended to member applicants eighteen (18) years to under thirty-five (35) and that the annual fee for everyone applying in this category be \$43.

# Teacher Candidate Scholarship

Thinking of becoming a SCD Teacher? The RSCDS Toronto Association is offering a scholarship to a worthy applicant who wishes to take on teacher certification.

Details: www.dancescottish.ca/scholarship.html

### Decoding a Seven-Couple Set: It's not so difficult, why is it so hard to explain?

At the risk of breaking the 4th wall... Set & Link stalwarts, Donald Holmes and Marian White, contributed the article at right, unravelling the mystique of a 7-couple set. To be honest, despite their impressive erudition, I didn't really 'get' their explanation. My fault; not theirs. So I made drawings to clarify the text to myself. Meanwhile, my wife Teresa gave me an article from an old *TACtalk* (newsletter of Teachers' Association of Canada). "That explains it very neatly," said she. Okay... but not to me! We checked Reuben Freemantle's SCD Dictionary website which has a fulsome explanation:

www.scottish-country-dancing-dictionary.com/borrowing.html Reuben provides text and a video link to show how it's done — and his exemplar video of "borrowing" shows dancers we know!

People have different learning styles, and different methods of visualization. Hence, this collection of various explanations. Perhaps one description will speak to you, and the prospect of dancing in a 7-couple set will no longer invoke trepidation and confusion.

... Rob Lockhart

### Seven-Couple Sets: From TACtalk, June 1986

The TACtalk editor is responding in kind to detailed correspondence about interlocking sets from Hugh Foss: teacher, noted dance devisor, and Bletchley Park cryptographer. It's not known if the editor was also a cryptographer.

"The seven couples can be set up as two interlocking sets with the couple in the middle (i.e., fourth place) working in either direction as required. For the benefit of any readers not familiar with this device, the scheme shown below shows the positions of the couples throughout the eight cycles of the dance, the numbers of the working couples being shown underlined."

1st	2nd	3rd	4th	5th	6th	7th	8th
<u>1</u>	2	<u>2</u>	3	<u>3</u>	1	<u>1</u>	2
2	<u>1</u>	3	<u>2</u>	1	<u>3</u>	2	<u>1</u>
3	3	1	1	2	2	3	3
<u>4</u>	5	<u>5</u>	6	<u>6</u>	7	<u>7</u>	4
5	<u>4</u>	6	<u>5</u>	7	<u>6</u>	4	<b>Z</b>
6	6	7	7	4	4	5	5
7	7	4	4	5	5	6	6
or $(\underline{2} \ 3 \ 1) \leftarrow$ footnote to the original							

### Rob's Mnemonics for Dancing in a 7-Couple Set:

• NB: Am I a top set person (3 couples), or bottom set (4 couples?

- Top set couple: Stay where the dance takes us.
- Lower set couple: Dance your turn twice then step to the foot.
- <u>Position #4 is the BS Zone</u>: You either get <u>B</u>orrowed by the top set for one turn or <u>S</u>tart your two turns in the lower set.

### Adopt-a-Library People:

Pick up new bookmarks, featuring Dancing In The Park, at the April 13 Volunteer Appreciation Dance.





### Decoding a Seven-Couple Set

Who does what in a seven-couple set?

For convenience, positions in the set are numbered from 1 to 7. The top three couples form one set and the bottom four couples form a second set. The 1st and 4th couples start the dance and progress one place as in normal sets.

- \* The first repetition of the dance moves the 2s into top place as the standing couple awaiting their turn as usual (2,1,3).
- \* The 5s move up to fourth place and if they expect to snooze as a normal standing couple, they can't! They are borrowed by the top set as a third couple for one repetition.
- \*\* In the second repetition, the 5s start immediately as the dancing couple in the bottom set (5,6,7), while the 4s stand at the bottom of the set. The 2s are the dancing couple in the top set (2,3,1). The 1s stay in third place ready to repeat the dance with the other two couples (2s and 3s), above them.

The first three couples always remain as the 3-couple set. The 4-couple set operates normally, but the adjustment occurs when the standing couple at the top of the 4-couple set is momentarily borrowed by the top set. The pattern is repeated with a new borrowed couple every second time through the dance.





### Decoding the drawings

- ▶ The stars are (of course :-) the dancing couples (i.e. the 1s).
- Green = top set dancer; Red = bottom set dancer; Red + Green= the couple in 4th position borrowed by top set.
- ▶ Brackets = Active Dancers; Grey Zzz = Inactive standing couple.

### **Upcoming Events: NEAR**

April 14 - Shiftin' Bobbins with Lou Emslie ~ Lou Emslie from Guelph will share dances to enjoy with advanced dancers. 2 to 4 p.m. Parish Hall, Grace Church on the Hill, 300 Russell Hill Road at Lonsdale, Toronto. (\$5 for non-members). Info: www.shiftinbobbins.webs.com

May 3 - South Simcoe's Bluebell Spring Dance ~ Dance to the music of Laird Brown & Don Wood. 7:30 p.m. at Knox Presbyterian Church, 160 King Street South, Alliston. \$10 Refreshments follow dancing. Info: Maureen Richardson.

May 4 - 15th Annual Youth Ball ~ Dance to the wonderful music of Fred Moyes. At Willowdale United Church, 349 Kenneth Avenue, Toronto M2N 4V9. Tickets, including dinner, \$35 from: Maureen Richardson.

May 4 - London Spring Ball ~ Enjoy a lovely evening with good food, good friends, and a great evening of dancing. Music by Laird Brown & Scotch Mist. At Polish Combatants Hall, 80 Ann Street, London ON rscdslondoncanada.org

May 11 - 50th Annual West Toronto Ball ~ Sala Caboto in Villa Colombo, 40 Playfair Ave, Toronto. Come dance the night away to the music of Scotch Mist. All-inclusive dinner and dance ticket \$90 per person. Tickets: Ron Macnaughton, macnaughton@rogers.com Ticket forms available at your group. Forms and dance briefs at www.dancescottish.ca Info: Keith Wallace, kcwall4@gmail.com

May 14 - Calvin's Spring Dance ~ at Calvin Presbyterian Church, 26 Delisle Ave. at 7:30 p.m. Music by Don Bartlett. \$10 at the door includes refreshments at the interval. Info: Mary Baldwin 416.485-8280 or Nancy Stokes 416.425-2195.

May 15 - Glenview's Spring Fling ~ at Glenview Presbyterian Church, 1 Glenview Ave. at 7:30 p.m. Dance to the live music of Fred Moyes. Everyone welcome. Tickets \$15 at the door. Refreshments follow. Info: glenviewscdg.org

May 22 - St Andrew's of Brampton Spring Dance ~ St Andrew's Church, 44 Church St, Brampton at 7:30 p.m. \$8 Programme will be posted on the website. Refreshments follow dancing.

June 9 - The White Heather Ball ~ General Sikorski Hall, 1551 Stevenson Rd., North Oshaw a. Afternoon dancing 2 - 5 p.m, followed by dinner. Dancing & dinner: \$75pp. Dancing only: \$40pp. Dinner only: \$40pp. Info/tickets from: Alan Graham hdscd.membership@gmail.com

Saturday, July 20

### **Upcoming Events: FAR**

Apr 13 - RSCDS Ottawa Spring Ball ~ Enjoy an evening fourcourse meal followed by dancing to the inspiring music of Torridon Scottish Dance Band with Kathy Fraser-Collins and Freddy Collins. Ottawa Conference Centre, 200 Coventry Road. Tickets: Todd and Karen Moxley, 613.316-1521, wtmoxley101 @hotmail.com Cribs at my.strathspey.org/dd/list/19585/ Info: www.rscdsottawa.ca

May 17-19 - Pawling Weekend ~ RSCDS New York invites you to enjoy a full weekend of classes, evening dances, and social activities. Teachers: Jimmy Hill, Rebecca Blackhall-Peters, Terry Harvey. Musicians: Laura Risk and friends. Info: www.rscdsnewyork.org/pawling

May 24-26 - Stoney Lake Weekend ~ The 35th Annual Stoney Lake Scottish Country Dance Weekend at Pine Vista resort, Kawartha Lakes. Join us for a relaxing, fun weekend of Scottish country dancing and socializing. All levels welcome. Teacher: Moira Korus. Info: http://pscds.ca

May 25 - Oakville Spring Dance ~ Enjoy dancing to the music of Don Bartlett and Jimmy Darge. At the Bronte Legion. Doors open 7 p.m.and dancing starts at 7:30. Tickets: \$15, plus a plate of finger food for intermission. Contact Alicia Manson 905.849-7180 manson@globalserve.net

May 31 - Budapest Ball Weekend ~ Dance with us in beautiful Budapest. Our teacher is Alasdair Gray. Music by James Gray on piano, Andrew Lyon, and Phill Jones on accordion. Details and registration: http://bstk.hu/ball2019 June 8 - Spring Social ~ Sault Ste Marie ~ Dinner at 6:00 followed by dancing to the music of Julie Schryer and Áine Schryer-O'Gorman \$35 pp https://tinyurl.com/ssmscdancers June 28-30 - RSCDS New Mexico Workshop & Ball ~ Join us

in the original Las Vegas! At Montezuma Castle. Teachers: Tim Wilson & Jeanne Moody. Music: Liz Donaldson & friends. www.nmscottishdance.weebly.com/workshop-and-ball.html

July 5-13 - Pinewoods Sessions ~ RSCDS Boston invites you to the piney woods: www.rscdsboston.org/pinewoods.html July 7-13 - Australian Winter School ~ Enjoy dancing in beautiful Melbourne, with great teachers and musicians. hInfo: www.melbourne2019ws.com/home

Dec 8 - The 56th Annual Gleneagles Ball ~ We invite you to save the date for the Gleneagles Ball in the grand Pacific Ballroom of the Fairmont Hotel Vancouver at 1:30 p.m. Info: 778.279-3995 or muirnet@shaw.ca





**RSCDS Toronto Association Board of Directors** 

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### **Royal Scottish Country Dance Society Events**

Summer School

21 July ~ 11 Aug, 2019

### St Andrews University, Scotland

Your choice of 4 weeks dancing & music with Amazing teachers
Talented musicians · Friends from all over Dance in legendary Younger Hall www.rscds.org/article/book-now-for-summer-school-2019



### T.A.C. Summer School

28 July - 4 Aug ~ Calgary AB Jimmy Hill • Linda Henderson

 Geoffrey Selling • Moira Korus Andy Imbrie & Reel of Seven

tac-rscds.org/index.php/tac-summer-school **BOOK NOW ~ ALMOST FULL UP** 

More events, near & far: www.dancescottish.ca Join the Toronto/Dance Scottish FB group: www.facebook.com/groups/55880122664



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