



# 8 March 2025: March Monthly Dance

(Beginners' Night)  
Programme by Jean Noble



## 01 CATCH THE WIND

R 8x32 : 3C (4C set)

*Romaine Butterfield, RSCDS Book 45*

- 1-8 1s Set, Cast 1 pl (2s up #3-4);  
½ Fig of 8 round 2s
- 9-16 1s Set twice, 1L turning to face out,  
1L followed by 1M Cast up & Dance dn ctr,  
end: 1L btw 3s facing 3M, 1M btw 2s:2M
- 17-24 RSh Reels of 3 across (1L+3s, 1M+2s)
- 25-32 1L followed by 1M Cast up round 3M & Cross,  
end 2<sup>nd</sup> pl own sides;  
1s Turn RH

## 02 CIAMAR A THA (HOW ARE YOU?)

J 8x32 : 3C (4C set)

*Roy Goldring, 3 Anniversary Dances*

- 1-8 1s Dance dn ctr, Turn 3L/3M NH ¾ (2s up #3-4);  
1s Cross passing RSh, Turn 3M/3L ¾ with same  
hand, 1s end in ctr
- 9-16 1s Dance up, Turn 2M/2L NH;  
1s Cross passing RSh, Turn 2L/2M with same  
hands, 1s end in ctr
- 17-24 1s Dance dn btw 3s, Cast to 2<sup>nd</sup> pl;  
1s Pet Turn into ctr, end 1L btn 2s, 1M btn 3s,  
All set
- 25-32 All Change pl RH with opp person & Set;  
All Change pl RH with opp person, 1L Cast round  
2L as 1M Cast round 3M, end 2<sup>nd</sup> pl own sides

## 03 MONYMUSK

S 8x32 : 3C (4C set)

*John Preston (1786), RSCDS Book 11*

- 1-8 1s Turn RH, Cast 1 pl (2s up #3-4);  
1s Turn LH 1¼x, end 1L btn 2s, 1M btn 3s
- 9-16 2s+1s+3s Set twice (#11-12 1s Pet turn to 2<sup>nd</sup> pl  
opp sides);  
All Set twice
- 17-24 2s+1s+3s Circle 6H round & back
- 25-32 RSh reels of 3 on sides (RSh:person on R),  
Cross RH to 2<sup>nd</sup> pl

## 04 REST AND BE THANKFUL

R 8x32 : 3C (4C set)

*Jack McConachie, The Grampian Collection*

- 1-4 1s Cross RH, Cast 1 pl (2s up #3-4)
- 5-8 1s Cross LH, 1L Cast up round 2L & 1M Cast  
round 3M, end beside 1<sup>st</sup> crns
- 9-16 **MW:** 1s+1<sup>st</sup> crns, in prom hold, dance round cc'w  
behind their 2<sup>nd</sup> crn & place them on opp 1<sup>st</sup> crn  
pl **while** 2<sup>nd</sup> crns Adv+Ret;  
1s Turn LH 1¼x, end beside their 2<sup>nd</sup> crns
- 17-24 1s+2<sup>nd</sup> crns rp #9-12 **while** 1<sup>st</sup> crns Adv+Ret;  
1s Turn LH, end facing 1<sup>st</sup> crn pstrn
- 25-28 1s+1<sup>st</sup> crns ½ Reel of 4, 1s pass RSh;
- 29-32 1s+2<sup>nd</sup> crns ½ Reel of 4, 1s pass RSh, end 2<sup>nd</sup> pl  
own side  
NB: At end of 2<sup>nd</sup> time through, 1s cross LH,  
dn btn 4s to bottom as 4s step up

## 05 DRUMELZIER

S 4x32 : 4C (4C set)

*Christopher Blair, Two SCDs*

- 1-8 All Cross RH, ½ RHA (1s+2s & 3s+4s);  
rp with LH back to place
- 9-16 All Set, Circle 8H round to L ½ way, end in  
square formation, All Set
- 17-24 1s+4s ½ R&L (up & dn);  
2s+3s ½ R&L (across)
- 25-32 All Turn prtnr RH;  
1s Lead dn to 4th pl **as** 2s+3s+4s Set & Dance  
up 1 pl

## 06 The JUBILEE JIG

J 8x32 : 3C (4C set)

*RSCDS Golden Jubilee Leaflet*

- 1-8 1M Cast 1 pl as 2M step up, 1M+3L Set;  
1M+3L Turn RH
- 9-16 1L Cast 1 pl as 2L step up, 1L+3M Set;  
1L+3M Turn LH
- 17-24 RHA: 1L+2s, 1M+3s, end 1s in ctr LHJ,  
1s Set, Dance out to 2<sup>nd</sup> pl opp sides
- 25-32 RHA: 1M+2s, 1L+3s, end 1s in ctr LHJ,  
1s Set, Dance out to 2<sup>nd</sup> pl own sides

## INTERVAL

## 07 The HIGHLAND RAMBLER

R 8x40 : 3C (4C set)

*Roy Goldring, RSCDS Thirty Popular Dances Vol 2*

- 1-8 1s dance in, Cast 1 pl (2s up #3-4);  
1s+3s RHA
- 9-16 2s+1s LHA;  
1L followed by 1M Cast up round 2L, dance dn,  
end 1L btn 3s, 1M btn 2s
- 17-24 All Dance dn & up
- 25-32 1M followed by 1L Cast R round 2L to 2<sup>nd</sup> pl own  
side; Turn RH
- 33-40 2s+1s+3s Circle 6H round & back

## 08 BALQUIDDER STRATHSPEY

S 8x32 : 3C (4C set)

*David Rutherford, RSCDS Book 24*

- 1-8 Reels of 3 on opp sides
- 9-16 Reels of 3 on own side
- 17-24 1s Dance dn 1 pl, Set;  
Dance up, Cast to face 1<sup>st</sup> crn (2s up #23-24)
- 25-32 Turn 1<sup>st</sup> crn RH, prtnr LH, 2<sup>nd</sup> crn RH, Cross LH

## 09 IT'S ALL RIGHT

J 8x32 : 3C (4C set)

*Elma See, 2nd Book of Graded SCDs*

- 1-8 1s+2s+3s Set, Cross RH;  
All Chase c'w ½way
- 9-16 3s+2s+1s rp #1-8
- 17-24 1s Lead dn & up
- 25-32 1s Set, Cross RH;  
Cast 1 pl, Cross RH (2s up #29-30)



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### 10 SWANSEA STRATHSPEY

S 8x32 : 3C (4C set)

[There's now video; click here](#)

*David Booz, Golden Ghillies*

- 1- 8 1s Lead dn & up, end in ctr, #8 2s step in  
9-16 1s+2s Allemande, end 1s facing 1<sup>st</sup> crn  
17-24 1s Turn 1<sup>st</sup> crn RH, prtnr LH, 2<sup>nd</sup> crn RH, prtnr LH, end 2<sup>nd</sup> pl opp sides  
25-32 All Set twice;  
1s Turn 2H 1.5x

### 11 [ST. ANDREW'S FAIR](#)

J 8x32 : 3C (4C set)

*Roy Goldring, Five For 1982*

- 1-8 1s Cross RH, Cast 2 pl (2s up #3-4);  
Cross LH below 3s & Cast up to 2<sup>nd</sup> pl  
9-12 2s+1s+3s Turn prtnr RH ½ way (women face up;  
men dn), all retain hands & Set  
13-16 2L, followed by 1L+3L, dance across & dn own  
sideline. Similarly, 3M, followed by 1M+2M,  
dance across & up own sideline  
17-24 3s+1s+2s Circle 6H round & back  
25-32 3s+1s+2s TURN LH 1/2way, retain hands & all  
SET (Men face up & Ladies dn),  
CHASE cc'w ½ way to pl: 2L leads Ladies across  
& up own side **while** 3M leads Men across & dn

### 12 [MAXWELL'S RANT](#)

R 8x32 : 3C (4C set)

*RSCDS Book 18*

- 1- 8 Reels of 3 on opp sides  
9-16 Reels of 3 on own sides  
17-24 1s Cross RH, Cast 1 pl (2s up #19-20);  
1s dance ½ Fig of 8 up round 2s  
25-32 1s Dance dn btn 3s, Cast up to 2<sup>nd</sup> pl;  
All Turn prtnr RH

## EXTRA

### 13 [JESSIE'S HORNPIPE](#)

R 8x32 : 3C (4C set)

*RSCDS Book 8*

- 1- 8 1s dance RSh Fig of 8 round 2s & 3s on own side  
9-16 1s Lead dn & up, end in ctr facing 2s  
(2s step in #16)  
17-24 1s dance under arch made by 2s,  
2s dance under arch made by 1s;  
& rp  
25-32 1s+2s Poussette